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**THE ROLE PREDICT TRUST AND INTIMACY OF MARITAL FOR
SATISFACTION OF LIVING CULTURAL MARRIED WOMEN IN CITY SHIRAZ**

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ABSTRACT

The purpose of this study was to examine the role predict trust and intimacy of marital for satisfaction of living cultural married women in city of Shiraz. Due to the nature and purposes of research is used of the practical and implementation of the correlation method. The research population included all cultural married women in the city of Shiraz 2013-2014 that multistage cluster random sampling method using were selected 141 persons as sample size. For data collection was used trust questionnaire of Rampl and Holmes (1985), Marital Intimacy questionnaire of Thompson and Walker (1983), life Satisfactions questionnaires of Dainr (1995). inferential statistics, were used Pearson correlation analysis, regression analysis to multiple simultaneous manner. The results showed that there is a significant positive correlation between the Trust and its dimensions (predictability, reliability and loyalty) and marital intimacy with life satisfaction. Results also showed That the reliability and loyalty and marital intimacy positively able to predict life satisfaction of cultural married women but variable predictability is not able to predict life satisfaction.

Keywords: Trust, Intimacy Marriage, Life Satisfaction

INTRODUCTION

The family as one of the most fundamental social institutions formed in the wake of the formation of marriage. Sociologists emphasis on marriage and family, one as a result of that marriage can provide lust

adjustment. And that the family is the school of mankind and the environment are the families of the growth and excellence. As well as peace, security and comfort that they have become members in the home

environment as well as the anxieties and concerns that are safe, In any environment or other human relationship cannot be found. Marriage can be one of the most important decisions in life, he said, the percentage of people in various stages of life by marrying into a family that relations are intimate doubles (Halfvrd, 1980; translated Tabrizi , Kardani Jafari, 2005). By married men and women through the power of instincts, religion, kindness and love are attracted to each other, freely and fully committed to each other to create one full time as a family (Ahmad Zadeh, 2005). In the decade of the 90 scientific studies on the life satisfaction has attracted much attention in comparison with the scientific findings of the past decade in the 90s, a lot of studies Is devoted to different aspects of life satisfaction (Bruadbery, 2008). Since there are many factors that affect life satisfaction, so researchers have observed time and considerable effort to calculate the effect of multiple factors in marital interactions occur couples, respectively. Among these factors can be cited trust and intimacy couples. Trust is an essential component of any kind of friendship and love in a relationship is an essential part of it. Trust, two-way communication, honesty, sincerity, love and sex is the best aspect of healthy living, loving marriage (England, 2006). Trust, confidence that a person has to

act in such a manner that the implementation of the desired objectives to advance. Trust framework provides guidance to establish regular interaction and as a filter through which the events in context, perception and expression, the acts (Shirdel, 1985). The people have more intimate relations to higher levels in life and in relationships will be more successful and have more satisfying lives. Given the importance of intimacy and trust in the quality of life in order to study the role of trust and intimacy in marriage is predicted life satisfaction.

Statement of Problem

One of the indicators of mental health, satisfaction with life. Meaning of life satisfaction, attitudes individuals, public assessment of the totality of his life or some aspect of life, both because family life and educational experience. In fact, life is a cognitive assessment and emotional satisfaction with their lives. The assessment of emotional reactions to events as well as cognitive judgment of satisfaction and fulfillment of the demands made. Life satisfaction indicate that the person how his life assessment and estimates (Diner, Ed., Lucas, 2003). In studies on the psychological structure of subjective happiness in the past two decades, model Next happiness mind that the positive emotion, negative emotion and satisfaction

with life, There has been significant. Imagine subjective life satisfaction is different from the other two dimensions. cognitive life satisfaction while feeling negative and positive emotional issue and emotional are (Laughlin, JE, & Huebner, 2001). Satisfying aspects of life, elements of a positive attitude toward the world in which live. Life satisfaction is closely linked to the value of the complex and the criteria on the basis of their mental understanding of happiness evaluate different is. The experience of happiness and life satisfaction is the goal of better life and feel sad, and Unhappiness is often considered to be an obstacle in performing duties Life satisfaction reflects the balance between the wishes of the person and he is the current situation. In other words, the gap between the aspirations of the individual and the situation becomes more concrete, his satisfaction reduced.

Despite this study and other research in the field of factors affecting life satisfaction, a point that is often neglected in research done This is the psychological structure of life satisfaction and subjective judgments and estimates due to a person, so in the first place it among the psychological variables such as attachment, trust, personality traits, devotion and so sought while most research on demographic variables, job, financial situation and concentrated. Trust is defined

as a state of trust and positive expectations of the motives and behavior of others And to respect their exposure to risk. Trust is often a sense of foresight, support and belief comes from the other side. Trust concept is very important to acknowledge that many social activities of humans bulk and trust is key The successes and conditions is to establish interpersonal relationships (Gambetta, 1988). Deutsch (1973) Trust as "a person who is confident that another good and pleasant it is causing him fear occurs It is not the" definition stems.

RESEARCH METHODOLOGY

The population

The population consisted of all married women teachers in secondary schools in the city were 2013-2014.

Sample size and sampling

In order to estimate the sample size of the multi-stage cluster random sampling method is used, so that The four areas of education, two areas of the city randomly selected from each of the ten schools in the area Married female school teachers selected randomly as the sample size have been considered That the number of 141 people.

Data collection tools and the validity of their inventory trust

This utility scale trust in personal relationships (IRS) is having a self-report test and 18 is that in 1985 by Rempel &

Holmes has been prepared in order to assess the reliability couples.

Table 1: Cronbach's alpha of the questionnaire to separate subscales trust

Alpha coefficient researcher	Alpha	Statements	Small scale
0/83	0/70	5	Predictability
0/77	0/72	5	Reliability
0/89	0/80	8	Loyalty
0/86	0/81	18	Total

Inventory of Marital Intimacy

This scale by Thompson and Walker (1983) made the 17 questions, and to test the level of intimacy in couples set. This measure is part of a larger tool intimacy encompasses several dimensions, but by suppliers it has been reported as an independent measure.

Life satisfaction questionnaire

Dayner life satisfaction questionnaire (1988) is made. The scale of 5 questions that overall life satisfaction is examined. The test is evaluated and used in many cross-cultural studies of trust and confidence is high. (Ganji, 2009) participants after the study each item on a seven-point scale to respond to each item.

The study method

To start the administrative activities of a researcher of Islamic Azad University of Marvdasht referral received. Due to the fact that the population of married women of culture and education in the city, in fact, the proposed introduction of a license for carrying out research activities in the organization. The researchers refer to the research and management of the organization permission to carry out research in education, the city received. Investigator to conduct the questionnaire with individual clients face to face meetings and questionnaires completed.

Statistical analysis methods

Data obtained from questionnaires, descriptive and inferential statistics were conducted. The descriptive statistics of statistics such as frequency, percentage, mean and standard deviation, and inferential statistics to the parametric test involves ensuring normal distribution of data in first test Kalmvgrof - Smirnov run and after data for the analysis of Pearson correlation test and multiple regression methods were used simultaneously. Furthermore, the significance level was considered in this study. Data were analyzed using SPSS software.

The first hypothesis of research: life satisfaction of married women between the trust and the dimensions of the cultural city there is a significant relationship.

Second hypothesis: the intimacy of marriage with the consent of the city's cultural life of married women there is a significant relationship.

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The third hypothesis of the research: trust, life satisfaction of married women culturally significant city in the forecast stems.

The fourth hypothesis research marital intimacy, satisfaction with life and cultural city of married women have significantly predicted

Table 2: Mean and standard deviation of the trust and its dimensions, intimacy and satisfaction with life

maximum score	minimum score	SD	Predictability	Variable	
35	5	5/19	Loyalty	Reliability	Confidence
35	5	6/48	Sexual intimacy	Trust (general)	
56	8	9/84		Life satisfaction	
126	18	10/80	Predictability	Variable	
119	17	Loyalty	Reliability	Sexual intimacy	
35	5	Sexual intimacy	Trust (general)	Life satisfaction	

Table 3: Kolmogrov Smirnov test

Kolmogrov Smirnov			Variable
Confidence level	Degree of freedom	Statistics	
0/139	138	1/154	Confidence
0/311	138	1/608	Sexual intimacy
0/203	138	0/311	Life satisfaction

Table 4: Correlation matrix of test results of the relationship between trust and satisfaction with life

Life satisfaction	Loyalty	Reliability	Predict high	Confidence	Variable
				1	Confidence

			1	0/71**	Predict high
		1	0/38**	0/83**	Reliability
	1	0/69**	0/55**	0/93**	Loyalty
1	0/65**	0/61**	0/44**	0/69**	Life satisfaction

**P<0/01 *P<0/05

Table 5: The results of correlation between marital intimacy with life satisfaction

Significance level	Correlation	Variable
0/001	0/75	Marital Intimacy
		Life satisfaction

**P<0/01

Table 6: results in the form of simultaneous multiple regression analysis to predict life satisfaction on trust

P<	df	f		R	P<0	T	(Beta)بتا		Predictor variables
0/001	137	43/249	0/48	0/69	0/106	1/625	0/120	Predict high	
					0/001	3/620	0/306	Reliability	
					0/001	3/977	0/376	Loyalty	

Table 7: The results of multiple regression analysis simple way to predict life satisfaction on marital intimacy

P<	df	f		R	P<	T	(Beta)بتا		
0/001	139	179/169	0/56	0/75	0/001	13/385	0/750	Marital Intimacy	Variable Predictions

CONCLUSION

Discussion of the first hypothesis of this study is based on the relationship between faith and life satisfaction of married women with cultural aspects of the city. Based on the trust and its dimensions (predictability, reliability and loyalty) there is a significant positive correlation with life satisfaction.

These findings findings Gholizdeh and Shirani (2010), Mirfarhady et al. (2011), Right ssmen(1964) relative to a direction. They showed that trust in relations between spouses has a positive impact on satisfaction.

This can be said in explaining trust state with positive expectations of the motives and behavior of others and respect their exposure to risk. Trust is often a sense of foresight, support and belief in the other party comes from a group of people through many activities possible And key positions and different circumstances, establishing interpersonal relationships and interactions of the (Gambta, 1988) and causes the person's attitude toward the environment is positive, with satisfaction. So trust in human attitudes towards family life and puts a positive impact on mental well-being stems And key positions and different circumstances, establishing interpersonal relationships and interactions of the (Gambta, 1988) and causes the person's attitude toward the environment is positive, with satisfaction. So trust in human attitudes towards family life and puts a positive impact on mental well-being stems And happy emotions like sadness and anger experienced and occasional experience, the internal welfare will be high (methods and Joseph, 2010), since the trust due to the formation of a mental state or the tendency of a person to another person placed (Simpson, 2012) as well help inner stems and which are due to individual life is good and pleasant (Deutsch, 2007), so there is a positive relationship between trust and satisfaction with life is not unexpected.

Discussion of the second hypothesis is based on the relationship between marital intimacy with the city's cultural life satisfaction of married women

The results showed a significant positive correlation between marital intimacy with life satisfaction there.

These findings relative to Robin L. (1981), Brandt (2011), Ehtesham Zadeh et al. (2009), Mashak and Safarzadeh (2010) and gospel (2012) is consistent. In explaining these findings can be said that psychologists, intimacy ability to communicate (uncontrollably), and express emotions (without inhibition) are defined (MT Hine, 2007). It also includes a process in which intimacy people working together and their similarities and differences in feelings, thoughts and behaviors discovered (Asthmen, 2004). When people live close together because they have a sense of belonging and positive emotions arise that this causes the formation of a positive attitude and feel good in the realms is the characteristic feature of life and satisfaction of life. Moreover, when intimacy in marriage is formed, Couples itself open to one another and in the context of emotional, intellectual, social, physical and spiritual life that they provide each other This leads to the formation of calm and confidence and empathy helps couples married life and love

in a personal relationship, or Positive emotional experience and satisfaction to their lives as well.

Discussion of the third hypothesis-based research predicts life satisfaction based on the confidence of women in the cultural city of Shiraz Cultural women are married life, but variable predictability is not able to predict life satisfaction. These findings findings Myrfarhady et al. (2011), Wright skies (1964) relatively in line extrusion. In explaining the predicted life satisfaction by reliability, loyalty can be said that when people trust each other more than life, Meme very balanced mix well and take positive expectations will induce a more benevolent. These people are more and more positive international documents on opposite sides of their behavior and operating models that are more balanced and more complex and combined They are always ready to welcome new syncing keeps and helps people more easily accept each other, thereby surely will experience more adaptive behavior And the pleasure and joy of being together for gain. People with high confidence associated with the negative activities related to the opposite side from which the services do not pay attention or ignore that this will Cutting or reducing negative impact is likely to see the other side. When resolving disputes,

relationships, people trust more positive impact and negative effects are fewer and evaluate them on the opposite side Contrast and relationships is less dependent on emotions during the intense debate experience (Murray, 1996), so the people in your life less stressful experience And get more satisfaction from life. Moreover, when there is a sense of loyalty in life, the sense of forgiveness, forgiveness, compassion and commitment to their shape and color, and people are trying to live the principles that respect life strength and committed to live life to know that it causes a person to obtain satisfaction.

Discussion of the fourth hypothesis predicts life satisfaction research based on marital intimacy in married women cultural city Based on the results due to significant levels of beta can be found that marital intimacy is positively able to predict life satisfaction of married women is cultural.

These findings Robin L. (1981), Brandt (2011), Ehtesham Zadeh et al. (2009), Mashak and Safarzadeh (2010) is consistent. To explain the positive predictor of life satisfaction by intimacy can be said that the set of feelings, intimacy, acceptance, trust, commitment and compassion (the Mastrz, Johnson and Kldny, 1986) that a personal relationship of a romantic or emotional Shekl- the other person is (Bagarvzy, 1998;

translated pour fire and reliably, 2005). When there is love in your life, the lives and behaviors related to that sweet and delicious and makes for a good attitude towards the environment in the form and life satisfaction in terms of adaptive functioning or through his mastery of the environment are also defined, the mastery of his life is, life satisfaction in his will respectively. By the same token Pvrardar et al (2013) showed that life satisfaction is positively correlated with a person's ability to dominate the environment. So it is justified to say that marital intimacy can predict life satisfaction. Further explanation of these findings can be said that is intimacy with your knowledge. This means that a person who has high levels of intimacy able to better practices The supply relationships and express their needs more effectively with your spouse. When people have more intimacy, more capable of dealing with problems and changes related to their relationship (Patrick, 2007) as a result of higher life satisfaction experience.

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